

Whatever it takes, we're here for you.

Pregnancy prepares you for parenthood by being a complete leap into the unknown. You never know how long the journey will take, whose help you might need along the way, or how you will feel when baby arrives. Which is why at the WOMEN Centre, we've assembled a team of specialists to look after your total wellbeing.

Our obstetricians and gynaecologists, midwife, physiotherapist, exercise physiologist, clinical psychologist, and clinical sexologist and counsellor take an integrated approach to your health to provide you seamless care from pre-conception to post-baby.

At the WOMEN Centre, we have a team of specialist doctors to take care of any possible complications.

Mothers-to-be have peace of mind knowing our team is highly trained, with the understanding and care required to deal with normal and complicated pregnancies. With our team of obstetricians and gynaecologists, you'll receive the highest quality of care.

Whether it's strengthening your pelvic floor and core muscles with our physiotherapist or, if needed, sitting down with our clinical sexologist and counsellor to talk through intimacy and sexuality concerns, our specialists are here for you. If all you want is some advice, our midwife will be on hand. For any emotional and psychological support, you would be able to work together with our clinical psychologist. We'll even help you regain and improve your fitness post pregnancy through tailor-made programmes that our exercise physiologist will put together for you.

You might not need all of our services but it's comforting to know that if you do, they are here. There's no need to travel from one specialist to another, repeating your story at every visit.

Our comprehensive and integrated approach makes a journey that can come with some very big bumps, as smooth as possible.



Christelle Schofield Exercise Physiologist Mel Mosey
Midwife, Clinical
& Research Nurse

Helena Green
Clinical Sexologist
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Kealy France
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